

Books for Children and Parents Living with a Disability

Compiled by NSCIA Information Specialists

Baker, Bruce L., Brightman, Alan J., et al. **Steps to Independence: Teaching Everyday Skills to Children with Special Needs 2nd Edition. (2004)**

Available from [Brookes Publishing](#)

Hands-on resource for parents that gives proven strategies to teach the life skills children from age 3 through young adulthood need to live as independently as possible. Easy-to-read; step-by-step guide; updates available.

Baxter, Katie Rodriguez. **Aunt Katie's Visit (2006)**

To order: (\$10.00 plus S/H)

Access 4 All, Inc. P.O. Box 220751, St. Louis, MO 63122-0751

Website: [Access 4 All Bookstore](#) ; Email: Katie@access-4-all.com or Phone: (314) 481-1633

Delightful book, wonderful resource to begin a discussion with children about differences and abilities; useful for teachers and parents.

Glover, Nancy. **Speedway Sam (1991)**

Available in [PDF](#) only

Website: [UAB - Speedway Sam](#)

Book tells the story of an 8 year old boy, Sam, who sustains a spinal cord injury; explains, in a child's words, how Sam deals with the life changes after his injury; discusses prevention measures.

Gottlieb, Daniel. **Letters to Sam: A Grandfather's Lesson on Love, Loss, and the Gifts of Life. (2006)**

To order: (approx \$9.50; available in eBook)

Website: [Amazon](#) or [Barnes and Noble](#)

In the tradition of such bestsellers as Tuesdays with Morrie and Riding the Bus with My Sister, this emotionally powerful and inspirational collection of letters from grandfather to grandson will touch readers right down to their core. Daniel Gottlieb, a quadriplegic feared that he might not live long enough to see newborn grandson, Sam, reach adulthood. However, when Sam, only fourteen months old, was diagnosed with Pervasive Developmental Disability, a form of autism, suddenly everything changed.

Harper, Meg. **Wha'ever.**

To order: (£15)

Website: [Spinal Injury Association bookstore](#)

Written for teenagers; award winning, diary style. Available through the Spinal Injuries Association (UK)

Kline, Stanley D. & Schive, Kim. **You Will Dream New Dreams. (2001)**

To order: (\$11.00 or less)

Website: [Amazon](#)

Personal stories by parents of children living with a disability

Nickel, Robert and Larry W. Desch, Eds. **Physician's Guide to Caring for Children with Disabilities and Chronic Conditions (2000)**

Website: [Brookes Publishing](#) (#16, Spinal Cord Injury)

Phone: (800) 638-3775 or 1-410-337-9580

Good, comprehensive resource that discusses the needs of the school age child living with SCI.

Olsen, Richard V., Hutchings, et al.. **A House for All Children (2000)**

To order: (Book: \$18.95, S/H \$3.00) (Video: \$14.95, S/H \$3.00)

Center For Architecture and Building Science Research, New Jersey Institute of Technology, Campbell Hall Rm. 335, University Heights, Newark, NJ 07102-1982.

Website: [NJ Institute of Technology bookstore](#)

Phone: (973) 596-3097 Fax: (973) 596-8443

Provides many architectural suggestions, guidelines and resources for making a home safe and accessible for children with special needs

Paul, Richard. **Red Riding Hood Races the Big Bad Wolf (1999)**

To order: (approx cost \$7.99)

Website: [Amazon](#)

A fun-filled, educational, ability awareness story with a message. Red Riding Hood views her wheelchair as an ability to race and defeat the big bad wolf to Grandma's house. Suitable for ages 3-7.

Spinal Injuries Association (UK). **Children and Teenagers with SCI**

To order: (Cost £6)

Website: [Spinal Injury Association bookstore](#)

This book offers a guide to raising a child with an SCI. Lists those involved in your child's care, both during and after a hospital stay, the book also discusses education and personal safety

Wilkins, Verna Allette. **Boots for a Bridesmaid and Are We There Yet? (1995)**

Tamarind Books.

To order: (Cost: £4)

Website: [Spinal Injury Association bookstore](#)

Delightfully illustrated, well written stories about everyday activities of families living with a SCI. For young or early school age children

Wilson, Miriam J. Williams. **Help For Children from Infancy to Adult. 7th edition (2005)**

To order: (Cost: \$25 plus S/H)

Rocky River Publishers, P.O. Box 1679, Shepherdstown, WV 25443

Website: [Rocky River Publishers](#) Ph: (800) 343-0686

Diverse directory for wide range of resources for children from infancy to adulthood

Acknowledgments:

These Resources are offered by NSCIA as an information service and a guide to help parents/legal guardians and families seek appropriate and quality care for their child who has sustained a spinal cord injury. Any information that you may have to further update this information would be greatly appreciated.

The NSCIA Resource Center, Spinal Cord Central, provides information and referral on any subject related to spinal cord injury. Contact Spinal Cord Central at help@spinalcordcentral.org or 1-800-962-9629.

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